

## Spring Lake Environmental Commission

### Recycle TIP of the WEEK

1. Learn to be a RECYCLE Pro: get the FREE Recycle Coach APP at the Google Play Store or Apple App Store. Have complete trash and recycling information at your fingertips.
2. Did you know that you can tell what PLASTIC is recyclable by noting the number in the TRIANGLE on the container? Spring Lake recycles plastic #'s 1, 2 and 7 only.
3. Don't throw usable items away. Instead donate, sell or swap them.
4. Keep it CLEAN. Try to make sure recyclables are clean, empty and dry.
5. We don't need no stinking badges, but you do need a RECYCLING STICKER to use the SL Recycling Center, pick yours up at Borough Hall.
6. Stop Junk MAIL. Try the "PAPERKARMA" app on your smart phone.
7. Recycle all GLASS - The more glass we recycle, the less the town pays in trash tonnage fees. We do not care how many wine bottles you recycle...
8. Be GREEN like the HULK: use Spring Lake's BULK pickup days. See the Recycle Coach for BULK days. SL does 3 types of pickup on bulk days: electronics, bulk and metals.
9. Cut down on KITCHEN WASTE: Use washable towels instead of paper. Store food in reusable containers. Eat all your vegetables...
10. Gently USED Clothes: Drop them in the bins at the recycling center.
11. CARDBOARD, CARDBOARD, CARDBOARD-RECYCLE, RECYCLE, RECYCLE. Only empty and clean corrugated cardboard, no grease, oil or food residue, or strapping allowed. Be a Recycle Pro and flatten boxes when you can.
12. Make Recycling easy in your home. Set up an easy-to-use system.
13. Did YOU get the RECYCLE COACH app yet? Be a Recycle Pro and get it at the Apple App Store or Google Play Store.
14. PAINT: Empty paint cans must be completely dry and empty before recycling them. Paint cans not empty can be recycled at the Monmouth County Household Hazardous Waste facility. See [co.monmouth.nj.us](http://co.monmouth.nj.us) site for information on all hazardous waste.
15. STYROFOAM is not accepted for recycling. Consider reuse options or put these items in the garbage. For large Styrofoam, see the Recycle Coach for drop-off options.

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16. Do you still have a Flip PHONE? No App store? Get the 2021 Recycling Guide from Monmouth County [co.monmouth.nj.us](http://co.monmouth.nj.us) or at Borough Hall.
17. Like getting your hands dirty and garden green? COMPOST. The county has several events during the year. Let your kids get their hands dirty: see the [co.monmouth.nj.us](http://co.monmouth.nj.us) for information on KIDS Composting.
18. The EPA reported that Americans generated 267.8 million tons of trash and recycled just 94 million tons. Come on just do it, RECYCLE!
19. Recycle your old rechargeable batteries and cell phones: Call 1-877-2-Recycle or visit [call2recycle.org](http://call2recycle.org).
20. Spring Lake usually has one curb side pick-up a month for brush, small tree limbs, leaves etc. See the Recycle Coach for the schedule.
21. Did you know that it costs less for Spring Lake when you recycle at the Recycling Center than recycling at the curb?
22. Unused medications: Do not flush your unwanted medications down the drain. The Spring Lake Police Department has a receptacle for disposal in their lobby. Keep the medicines in their original container and mark out personal information.
23. Light Bulbs: Most fluorescent contain a small amount of mercury. Please bring these items to a local retailer that is in the "Take Back" recycling program or to the Spring Lake Recycling Center. Incandescent, halogen, LED and other types of household light bulbs can go in the garbage.
24. Beer Can Plastic Rings: These types of plastic handles are made from 100% recycled plastic but are too small to be recycled by Spring Lake. However, there are drop off locations that can be found at [paktech-opi-com](http://paktech-opi-com).
25. Metallic cans: most metal cans in the home can be recycled, such as empty spray cans and tin foil, and of course all empty fruit, vegetable and other food cans.
26. If you are ever unsure about what you can recycle, check with the RECYCLE COACH app!
27. Shredding paper: Monmouth County has several Shredding Days per year. If you shred at home, do not place shredded paper in your recycling container.
28. PIZZA Boxes! Can pizza boxes be recycled? While pizza boxes are typically made of recyclable corrugated cardboard, the problem with recycling these boxes is the food and grease residue. If you want to recycle the box, tear off the top of the box if it is clean and recycle that portion.
29. What is meant by dual stream and single stream recycling? Dual stream recycling collects recyclables in separate bins or containers, while single stream collects everything in one container. Spring Lake does both: dual stream takes place at the Recycling Center, while the curb

side program is single stream recycling. Did you know that dual stream recycling is less expensive for Spring Lake?

30. Plastic Caps: The plastic caps on bottles are not recyclable in Spring Lake. They should be placed in the garbage. The bottles can be recycled.